Alliance Carlsbad Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am - 7am	No-Gi	Beginner & Intermediate Gi	Beginner & Intermediate Gi	Beginner & Intermediate Gi	No-Gi		
7am - 8am	Beginner & Intermediate Gi	No-Gi	No-Gi	No-Gi	Beginner & Intermediate Gi		
7am - 8am	Boxing [Bag & Pad Work]		Boxing [Bag & Pad Work]		Boxing [Bag & Pad Work]		
8am - 9am						Chill Jitsu No-Gi	
9am - 10am	Fundamentals Gi		Fundamentals Gi		Fundamentals Gi	All Levels Gi	
10am - 11am						Kid's Comp Class (Invite Only)	Open Mat [Members Only]
11am - 12pm	All Levels Gi	Beginner & Intermediate Gi	All Levels Gi	Beginner & Intermediate Gi	Chill Jitsu Gi	Muay Thai	
12pm - 1pm	Mobility Class	Boxing [Bag & Pad Work]		Boxing [Bag & Pad Work]	Mobility Class		
3pm - 4pm		Intro Class - 30 mins By appointment Only		Intro Class - 30 mins By appointment Only			
4pm - 5pm	Mini Ninjas [6 - 9]	Tiny Ninjas [3 - 5] 45 min	Mini Ninjas [6 - 9]	Tiny Ninjas [3 - 5] 45 min	Mini Ninjas [6 - 9]		
5pm - 6pm	Little Ninjas [10 - 14]	Fundamentals Gi	Little Ninjas [10 - 14]	Fundamentals Gi	Little Ninjas [10 - 14]		
5pm - 6pm	Kid's MMA (7+)	Kids Comp Class (Invite Only)	Mini Ninjas No-Gi [6 - 9]	Intro Class - 30 mins [13 and up only]	Kid's MMA (7+)		
6pm - 7pm	Fundamentals Gi	Fundamentals No-Gi	Advanced Gi	Fundamentals No-Gi	Fundamentals Gi		
6pm - 7pm	Intro Class - 30 mins [13 and up only]	Chill Jitsu Gi	Intro Class - 30 mins [13 and up only]	Boxing [Bag & Pad Work]			
7pm - 8pm	Advanced Gi	Advanced No-Gi	Fundamentals Gi	Advanced No-Gi			
7pm - 8pm	Muay Thai	Muay Thai	Muay Thai	Muay Thai	Muay Thai		